

# Exploring Your Passions: Nurturing Your Spirit

*Expressive Art  
Therapy  
5-Week Series*

*Tuesdays 6:30 - 8:30 pm  
October 21, 28,  
November 4, 11, 18*

*@ The Leamington  
Arts Centre  
72 Talbot St. W. Leamington*

*Come join us on a journey of creativity, inspiration, and self-exploration. Discover your true colours. Experience the power of expressive art therapy using colour therapy, sound therapy, drama therapy, creative visualizations and many more expressive art techniques. Come paint, laugh, and celebrate yourself.*

*To register for this 5 class series please call Anne Marie Fortner @ 519-325-8687 or The Leamington Arts Centre @ 519-326-2711. Hope to see you there!*

